

Derwen
College

Pathways and Programmes



Sport and Fitness

Vocational Pathway

Do you like keeping fit and being active, and helping others to do the same? On our Sport and Fitness Pathway you will learn a mix of theory and practical elements and gain valuable experience working in a gym environment.

Our team at Walford, have well-established links with local gyms where students will have the opportunity to provide fitness consultations with the public, demonstrate safe use of equipment and ensure a high standard of hygiene and sanitisation.

On the Sport and Fitness Pathway, you will learn about:

- △ Different sports and fitness activities
- △ Different areas of anatomy, including the different muscle groups, the skeletal system, and the cardiovascular and respiratory systems
- △ Nutrition and how to support fitness with food and effective hydration
- △ How to record and monitor fitness
- △ Designing personal fitness plans and setting achievable goals.

Sport, leisure and wellbeing

As well as vocational learning around sports, wellbeing activities are on offer as part of the day provision including: creative arts and sports. Lots of special occasions are celebrated including prize-giving, prom, religious festivals, and events.

Personal, social and health education (PSHE)

Learners take part in all of the following PSHE modules:

- Online safety – modules 1, 2 and 3
- Managing relationships
- Rights and cultures
- Drugs and alcohol awareness
- Moving on
- Relationships and sex education



Pre-entry requirements

- Education, Health and Care Plan (EHCP) (England) or Individual Development Plan (IDP) (Wales)
- Students aged 16–25
- Derwen College able to meet need

Independence

This may include:

- Travel training
- Menu planning and cooking
- Skills in the community, such as shopping, budgeting, personal safety

Functional Skills

Functional Skills comprises of English, maths and ICT and is delivered through small discrete groups and embedded into every aspect of the pathway. It is linked to vocational activities and everyday life.

Work experience

Sport and Fitness students gain external work experience through connections with local gyms and sports clubs.

Linked pathway options



Linked pathways are popular for many of our students. Having two pathways – one main and one link – enables students to gain a broader, and diverse yet complementary set of skills that can be transferred to everyday life and the workplace. Students at Walford can opt to combine Sport and Fitness with Horticulture.

Universal therapy provision

All students benefit from access to therapy services enabling a universal approach to develop independence in preparation for adulthood and transition post-College. The students also have time to spend with the College therapy dog.

Learner Voice and Student Union Board

Derwen College Student Union (SU) is affiliated to the National Union of Students. Each October, students vote for who they want to represent them on the SU Board. There is one representative and one deputy representative from each pathway.

Students learn how to communicate their likes, dislikes, and thoughts, and how to represent the thoughts of other students to make Derwen College a special place for all of them.

Careers Education, Information, Advice and Guidance (CEIAG)

CEIAG is an integral part of the programme. Students take part in small group employability sessions. External guests, including Industry Champions, local business owners and ex-students, are invited to talk to students about their experiences outside of College. Impartial CEIAG is also provided by an external Careers Lead.



Typical outcomes

- Vocational Qualification up to Level 1
- Functional Skills Qualification up to Level 2
- Subject-specific qualifications
- Experience in/of:
 - > internal and external workplaces
 - > local and national competitions
 - > community and national events

Possible next steps after College

- Paid work
- Voluntary work
- Local college or training programme
- Supported living



Horticulture

Vocational Pathway



Horticulture at Walford will have students outside in the fresh air in all sorts of weather!

Students will learn many skills, including;

- △ Using different types of tools
- △ Identifying different plants and types of soil
- △ Weeding and maintaining garden beds
- △ Potting plants
- △ Creating attractive displays.

Students will need to be comfortable wearing protective clothing including steel toe-capped boots and protective clothing.

Work experience

The Horticulture pathway at Walford offers internal work experience through its student-led garden maintenance business called 'Leaf It To Us', working on all sorts of projects from maintaining local churchyards to private gardens. Walford satellite also has links with employers in the local area.

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Sport, leisure and wellbeing

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Typical outcomes

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Possible next steps after College

- Paid work
- Voluntary work
- Local college or training programme
- Supported living

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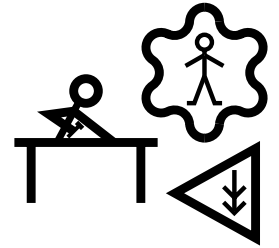
Careers Education, Information, Advice and Guidance (CEIAG)

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Learning for Life

Programme



Learning for Life is a fun programme tailored to meet the needs of individual learners who require that little bit of extra support. This could be additional support with communication, personal development, interaction, teamwork, problem solving or self-regulation skills.

Learning for Life has been specially designed for young people who may not be ready for a full-time vocational pathway. Once completed, our learners may choose to progress to a vocational pathway.

Work Experience

Some learners will progress to a vocational pathway and be part of DC Workforce, which is our Learning for Life work experience placement. They will access work experience linked to their vocational pathway.

Functional Skills

Functional Skills comprises of English, maths and ICT and is delivered through small discrete groups and embedded into every aspect of the pathway. It is linked to vocational activities and everyday life.



Pre-entry requirements

- Education, Health and Care Plan (EHCP) (England) or Individual Development Plan (IDP) (Wales)
- Students aged 16–25
- Derwen College able to meet need

Independence

This may include:

- Travel training
- Menu planning and cooking
- Skills in the community, such as shopping, budgeting, personal safety

Typical outcomes

- Core development of softer skills to support lifelong learning, including communication, interaction and positive choices.
- Possible progress towards a vocational programme.
- Vocational Qualification up to Entry Level 2 (if appropriate)

Personal, social and health education (PSHE)

Learners take part in PSHE sessions covering topics including online safety, rights and cultures, relationships, drugs and alcohol awareness and moving on, appropriate to their individual needs.

Sport, leisure and wellbeing

As well as vocational learning around sports, wellbeing activities are on offer as part of the day provision including; creative arts and sports. Lots of special occasions are celebrated including prize-giving, prom, religious festivals, and events.

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Careers Education, Information, Advice and Guidance (CEIAG)

CEIAG is embedded into the learners' programme.

Possible next steps after College

- Voluntary work
- Local college or training programme
- Supported living

Care and therapies within Learning for Life

Universal therapy provision

All students benefit from access to therapy services enabling a universal approach to develop independence in preparation for adulthood and transition post-College.

Targeted therapy provision

Targeted therapy provision is available following referral to the integrated therapy team.

Following assessment, any specific needs will be identified and recommendations made. This may take the form of guidance and advice to the student and their key staff, provision of equipment, visual resources, group work or 1:1 for a short period of therapeutic intervention.

Specialist therapy provision

Specialist therapy need should be identified in the EHCP or IDP, but the therapy team may recommend additions/alterations to outcomes and further therapy provision.

A student's specialist provision will be reviewed regularly, to ensure it meets their needs in the College environment. Therapy will be delivered in the most appropriate way to enable students to achieve their individual goals and outcomes. The students also have time to spend with the College therapy dog.



Springboard

Programme

Springboard is a flexible programme, funded through social care, offering students a bit of extra support where needed. Instead of formal learning, the young person has access to work experience opportunities and are supported to improve their independence skills.

They learn home and independence skills such as shopping, laundry, nutrition and travel training, and learn work skills at internal and external work placements.

Just like all Derwen College students, the young person is welcome to participate in student trips and to enjoy everything the student union has to offer.

Springboard students may access the gym, health and wellbeing activities and Duke of Edinburgh's Awards.

Work experience

Those on the Springboard programme enjoy weekly internal and external work placements linked to their employment aspirations.



Pre-entry requirements

- Students aged 16–25 who have completed a Vocational Pathway
- Derwen College able to meet need

Independence

This may include:

- Travel training
- Skills in the home, such as preparing and cooking food, laundry, hoovering
- Skills in the community, such as shopping, budgeting, personal safety

Possible next steps after College

- Paid work
- Voluntary work
- Local college or training programme
- Supported living



Sport, leisure and wellbeing

There is an extensive range of wellbeing activities at the end of the working day and at evenings and weekends for our residential Springboarders. These include swimming, gym, football, Boccia, arts, karaoke, cinema, theatre and shopping trips.

Universal therapy provision

All students benefit from access to therapy services enabling a universal approach to develop independence in preparation for adulthood and transition post-College. The students also have time to spend with the College therapy dog.

Careers Education, Information, Advice and Guidance (CEIAG)

CEIAG is an integral part of the programme. Students take part in small group employability sessions. External guests, including Industry Champions, local business owners and ex-students, are invited to talk to students about their experiences outside of College. Impartial CEIAG is also provided by an external Careers Lead.



Supported Internship

The core aim of a Supported Internship study programme is to undertake substantial work placements facilitated by the support of an expert job coach and to prepare young people with learning difficulties into paid work. The Internship is up to one academic year. Interns are supported by a dedicated job coach, whose support will taper off as the intern becomes more familiar within their role.

The intern must be 'work ready' and have a willingness to work.



Work placement

The work placement makes up 70% of the programme. This will be external, however, if meaningful work opportunities are not found by the start of the programme, then other suitable opportunities will be available within our College campus in the interim.

College days

The intern will spend 30% of their time at College, working towards a qualification in their chosen vocation, core functional and employability skills and will collate their portfolio of work.

Pre-entry requirements

- Education, Health and Care Plan (EHCP) (England) or Individual Development Plan (IDP) (Wales)
- Students aged 16–25
- Derwen College able to meet need



Typical outcomes

The aim of the Supported Internship is to support our interns into paid or voluntary employment after College.

Positive progression

The measure of success of a Supported Internship is transition into sustained and paid employment. If this is not achieved then the intern is offered guidance about agencies that can support further. Some interns go on to voluntary work and this too is seen as a positive outcome.

Careers Education, Information, Advice and Guidance (CEIAG)

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Contact us

We have an amazing team here at Derwen College, and they're all waiting to support you through this next stage of your education. We can help you decide which pathway or programme will be the right one for you.

For further information on any of our pathways or programmes, contact our friendly admissions team on:

admissions@derwen.ac.uk
01691 661234 Ext 401

Visit our website for information on open days and other events. Did you know we also have a virtual tour? Drop in and have a look around!

www.derwen.ac.uk





Which pathway or programme will be right for you?

We are definitely not one-size-fits-all! At Derwen College, we tailor our pathways and programmes to fit individual student needs. We are flexible and adaptive in our approach, making sure we meet the learning needs and requirements of all our students.

We work with our young people to support them to achieve what they want to and challenge them to do more.



**Derwen
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