



## Personal Care and Hygiene

1. Which one do you have?



**A shower**

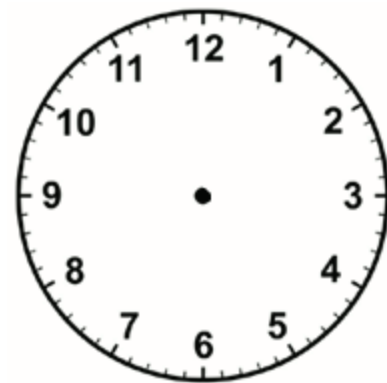


**A bath**

2. When do you have your bath or shower?

Sun	Mon	Tue	Wed	Thu	Fri	Sat

DCNP  
March to a Better Future  
Spring, 2007



3. Why is it important to have a bath or shower regularly?

- So I smell
- To keep myself clean
- To keep myself dirty
- So I don't spread germs
- So I smell and look nice

4. Circle the items you should use to keep you and your body clean and smelling nice

