



# Food Allergy Quiz 2

Click on the link below and go to lesson 2

<https://www.sparepensinschools.uk/teaching-videos/>

**Have a go at answering these questions**

1. What is a severe allergic reaction called?

2. What allergen mistakenly entered the body?

3. What does the immune system release to try and protect the body?

4. What symptoms does this response cause?

5. What foods can peanuts be found in?

6. How do people with a food allergy stay safe?

## **FOOD ALLERGIES and INTOLERANCES**

Please speak to our staff about the ingredients  
in your meal, when making your order.