



Design a sandwich

Design a new, healthy sandwich. Write some clear instructions to show how to make your healthy sandwich.

Think about

Filling
What filling or fillings will you use?

Bread
What bread will you use? Could you use more than one type? Could you make a triple decker sandwich to share?

Fruit or vegetables
Add at least two fruit or vegetables to your sandwich. Be creative!

Recipe name _____

Ingredients



- _____
- _____
- _____
- _____
- _____

Equipment



- _____
- _____
- _____
- _____
- _____

Method



- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____